



JANUARY 2012

Please follow the normal practice schedule unless a change is listed below.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Updated 12-16-11 New Year's Day No Practice	2 Natl: 8-11:30 a.m. & 3-5 Platinum: 5:50-9 & 12:50-3 Gold: 5:30-7:45 p.m. Silver: 11:15-1:00 p.m. Bronze: 11:45-1:15 p.m. Blue: 4:45-6:00 p.m. Green: 5:45-7:00 p.m. White: 5:00-6:00 p.m. Pups: 4:20-5:15 p.m.	3 Resume Normal Practice Schedule Except: Plat/National (not in school): 8:00-11:00 am + normal afternoon SwimFit: 10&U No Practice SwimFit: 11&O 1:15-2:45	4	5	6 Mason HS Meet Nat & Platinum: 3-5 p.m. Blue: 4:45-5:30 p.m. (comp) Green: 4:00-4:45 (comp) White 5:05-5:45 (LP) Pups: 4:25-5:05 SwimFit 11&O=On Saturday 1/7	7 Normal Saturday Practice Plus SwimFit 11&Over 12:45-2:15 p.m.
8	9 Middle School Meet Normal Practice National 3-6:00 p.m.	10	11	12	13 NKY Clipper Mid Winter Invite Normal Practice All Groups	14 NKY Clipper Mid Winter Invite Time Standards (except 8 &U) No Practice all groups <u>HS CLASSIC @ MASON</u>
15 NKY Clipper Mid Winter Invite Time Standards (except 8 &U) <u>SwimFit: TBA</u> <u>HS CLASSIC MEET @ MASON</u>	16 ATTENDANCE PIZZA PARTY Nat: 9:15-11:00 a.m. Platinum: 8-10 a.m. Gold: 3:30-5:15 p.m. Nat, Platinum & Gold LAZER KRAZE 1:30-3:30 p.m. Silver: 2:00-3:30 p.m. Bronze: 2:15-3:30 p.m. Blue: 1:00-2:15 p.m. Green: 6:00-7:15 p.m. White: 5:00-6:00 p.m.	17	18	19	20	21 Normal Saturday Practice
22	23	24	25	26	27 Mason HS Meet Nat & Platinum: 3-5 p.m. Blue: 4:45-5:30 p.m. (comp) Green: 4:00-4:45 (comp) White 5:05-5:45 (LP) Pups: 4:25-5:05 SwimFit 11&O=On Saturday LP = Leisure Pool	28 Normal Saturday Practice Plus SwimFit 11&Over 12:45-2:15 p.m. HS MEET @ 2:30 TBA
29	30	31	THE ATTENDANCE PIZZA PARTY WITH THE COACHES WILL BE HELD ON MARTIN LUTHER KING DAY JANUARY 16 FROM 11:15 A.M. TO 12:15 P.M. AT THE MASON LAROSAS ON ROUTE 42. THE WINNERS (TOP TWO ATTENDANCE FROM EACH GROUP) WILL BE ANNOUNCED AND POSTED BY WEDNESDAY, JANUARY 11			