



MENTORING

- Two experienced coaches per group
- Goal setting and leadership development
- Team building activities
- Multi-year Ohio Swimming Coach of the Year Awards

LOCATION

Mason Community Center

- Three warm water lanes for beginner swimmers
- 25 meter & 25 yard lanes

Mason Municipal Aquatic Center

- Enclosed 50 meter pool

DRYLAND TRAINING

- Ages 8-18: Progressive and age appropriate
- Train movements, not muscles
- Injury prevention

SUCCESS

- Retention Rate is Top 1% of all USA Swimming Clubs
- Ranked top 20 out 3,000 USA Swimming Teams
- USA Swimming Junior National Team Champions
- ISCA Junior National Combined Team Champions
- 1st Place Ohio Junior Championships
- Age Group Program 10-14: Ranked #4 Nationally out of 3,000 Teams
- 7 National Junior Team members
- Top 100 Age Group Award – ASCA
- 10 2024 Olympic Trial Qualifiers
- 1 Paris Olympian

QUESTIONS?

Email mantarays@masonoh.org for more information.

COME JOIN US! CITY OF MASON MANTA RAYS

2025-2026 SEASON ASSESSMENTS

TUESDAY, JULY 22

MONDAY, JULY 28

TUESDAY, JULY 29

MONDAY, AUGUST 4

9 & Under 5:00 - 6:00 p.m.

10 & Over 6:00 - 7:00 p.m.

Mason Municipal Aquatic Center

Beginners to international competitors welcome.

No appointment necessary. No cost to attend.